Bringing together diverse professionals and students in higher education to learn, network, and share their knowledge and experience on the topic of academic resilience.

REPORT 2018

- 46 presenters
- 205 participants
- 147 institutions
- 36 sessions / events
- 35 US States

plus England, Scotland, Canada, and Sharjah

ATTENDEES

- 34% Professors/Faculty
- 20% Coordinators
- 13% Directors
- 11% Academic Advisor/Learning Strategies
- 8% Clinicians
- 5% Dean
- 5% Student
- 4% Health Promotion
- 3% Associate Director
- 2% Associate Dean
- 12% Other

OVERALL FEEDBACK

"I love the diversity of institutions represented and would like to see this continue at future panels. It was a very good mix of people and institutions."

"Excellent. Many learning and networking opportunities."

"Amazing conference, diverse attendees, a good space for sharing challenges."

"I am so grateful for the opportunity to attend this symposium. It was so validating to hear that other schools are facing similar challenges and inspiring to hear new ideas and frameworks. Very nice colleagues across the country addressing resilience. Can’t wait until next year!"

"The symposium was structured in such a way as to allow for a lot of conversation and discussion with many attendees, which was so helpful."

"I gained a better understanding of the ways that offices can come together to organize resilience-focused program and events."

"Loved student narratives. Loved incubator & opening panels. Applicable and versatile ideas to implement at any institution."

SPONSORED BY

The Resilience Consortium is an association of faculty, professionals, and students in higher education dedicated to understanding and promoting student resilience.

The full Symposium program and selected materials (slides, handouts, videos) are available on the Resilience Consortium website.

https://resilienceconsortium.bsc.harvard.edu/symposium

FEEDBACK

The presentation positively influenced how I will practice and proceed with my work.

The presenter(s) was(were) knowledgable, engaging, and approachable.

The content was innovative, relevant, and applicable.

“Terrific! Especially the ideas that can be implemented into existing structures.”


“Loved the variety of ways of infusing resilience into programming. Very useful and adaptable for [my] campus.”

“Excellent. Important. Innovative.”

“Engaging, warm and knowledgeable presenter.”

“Excellent advice on things to take back to campus!”

“Excellent content, data-driven and focused.”

“Incredibly clear and actionable, very inspiring and useful content!”
KEY TAKE-AWAYS

“There are lots of good evidence-based interventions out there that can be used as models for those of us still getting started.”

“Partnerships are critical as is bridging gaps between academic and student affairs.”

“Resilience needs to be addressed both inside and outside the classroom.”

“There is a lot of research that can inform our decisions on best practices for instilling resilience.”

“I have the ability to create change.”

“Not alone in this struggle.”

“Simple initiatives can often have a great impact on resilience.”

“There is a strong community of practitioners to draw inspiration from and network with.”

“Dialogues around failure/vulnerability are important and needed.”

“Collaborative efforts can bring positive change.”

“Student stories and presentations were inspiring and impressive.”

GENERAL FEEDBACK

“Exceeded all expectations.”

“There were several innovative ways of engaging students through mentoring, development of narratives and self-reflection that I think will be very helpful in my work. I am eager to try out some of the ideas that were shared at the symposium.”

“Everything was great! Please host another symposium as there’s so much to still be explored!”

“This was life changing and mindbending! Absolutely amazing! Looking forward to the next one!”

“Learned a lot about self-compassion and how to integrate it into my work.”

“I thought it was well organized and a positive, safe environment to learn.”

“I think that it was wonderful to be able to have the time to engage with other participants as well as to follow up with some of the presenters. I really appreciated that the design of the symposium made getting meals and engaging with others a seamless process. Thank you!”

POLL: “IF A FUTURE SYMPOSIUM IS OFFERED, HOW LIKELY WOULD YOU BE TO ATTEND?”

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Suggestions/Criticisms

“No time for questions/comments.”

“Need more diverse representation of institutions.”

“Some rooms were too small, was not able to attend some presentations.”

“Would like more on how to implement.”

“More institutions need to be represented. Need to study resilience in diverse student populations including good students and average students.”

“Prefer more sessions, shorter breaks.”

“Too many options. Too long.”

“Would have liked more time to view all sessions.”

SYMPOSIUM STEERING COMMITTEE

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